NATIONAL Black Woman Heal Day
PRESENTED BY LILADA’S LIVINGROOM
APRIL 1ST, 2015

Creating a Healing Collective of Black women across the nation to inspire Black women and girl survivors of sexual abuse to reclaim their Spirits, Minds and Bodies

Join the Movement!
Our Healing Collective needs the talent, creativity and passion of Black women across the nation to have a successful 1st Annual National Black Woman Heal! Day!

Why: Healing! We seek to achieve this by creating events that bring awareness, focus on prevention and most of all inspire survivors to go on a personal healing journey.

Who: Individuals or organizations host an event April 1st in your city

What: Create an event for 5 people or 500. Invite your own family or your community

Your city, your way. The ideas are endless...
A gathering at a local coffee shop | A prayer at a community church | A Poetry Slam
A walk/run | A rally at a local college | A family conversation | A panel discussion

Become an Event Host
We ask that you complete an electronic participation registration form online at:

Contact us for additional information: BlackWomanHeal@gmail.com | (608) 622-7235
Follow us at: @BlackWomanHeal

Black Woman Heal! is a movement of Lilada’s Livingroom to educate, empower, engage and equip Black Women and Girls in the healing from and the prevention of sexual abuse in our communities!