In this highly interactive four day training, participants will test out lessons hands-on, gain easily transferrable facilitation skills, and explore theory behind the Discovery Dating Method. Discovery Dating has been used with full or partial implementation in myriad settings, including classrooms, educational sessions for mothers, youth clubs, high school enrichment offerings, and support groups.

Discovery Dating is a prevention tool that has been used to prevent teen pregnancy, domestic violence, and sexual assault by decreasing risk factors and promoting healthy relationship skills.

“I just want to say that Discovery Dating is the best training that I have attended. The last thing I expected was to work on myself. You are a fabulous team and I think our community is craving this type of healing… I think people want a better way.”

Training Participant, Summer 2011

Call us to reserve your space today!
(920) 490-0627
Check us out online for more information at www.wisewomengp.org

“...begin with the end in mind”
Discovery Dating © Where was this when I needed it?” is always the initial statement after anyone is shown Discovery Dating materials. Authored by WWGP Executive Director, Alice Skenandore, Discovery Dating is a healthy relationship tool that engages youth and adults to explore and clarify their goals and personal values, discern character traits of others, and practice decision making. Skenandore states “We believe everyone has their own best interests at heart.” If given complete information and access to choices, everyone will choose well.

Discovery Dating provides a process for learning personal prevention skills. The curriculum details steps that enable participants to foresee both the predictable pitfalls of certain choices and the benefits of true partnership based upon discernment of facts and information combined with compatible goals.

Implementations
Discovery Dating has been used with full or partial implementation for over 10 years in myriad settings, including elementary, middle, and high school classrooms, TANF educational sessions for mothers, court-ordered parents’ groups, prison, youth clubs, high school enrichment offerings, mentor-mentee programs, and women’s support groups.

Personal Agency
The Theory of Personal Agency is the rationale that explains how Discovery Dating impacts change in participants. Personal agency is about both participants’ self-efficacy (belief in their ability to do something) and their self-regulatory skills (belief they have the control to accomplish it.)

People with an increased sense of self-efficacy are more resilient to new challenges, are better able to constructively problem solve, and less likely to pass on the hurt and pain of oppressive behaviors. Therefore, they are more likely to participate in healthy relationships.

In 2010-11, personal agency findings suggest that students significantly increased their personal agency by 12% (p = .006) as evidenced by increases in their pre- and post-test scores.

Because Discovery Dating works to help people make healthier decisions about all harm-risk behaviors, Wise Women Gathering Place is currently assessing the impact of Discovery Dating on intimate partner violence prevention, alcohol, and other drug abuse prevention. Discovery Dating helps the user increase protective factors and reduce risk factors.

Publication & Promising Results
An article regarding Discovery Dating was published in February of 2012 in the Journal of Family Social Work. Adolescent Pregnancy Prevention in a Rural Native Community (Hagen, Skenandore, Scow, Schanen & Clary, 2012), chronicles the use of Discovery Dating as part of a Community Based Abstinence Culture (C-BAC) project in 2002-2005.

157 C-BAC students experienced 5 pregnancies in the 5 years following implementation of the curriculum. Of 136 students who did NOT receive C-BAC, there were 32 pregnancies in the same timeframe.