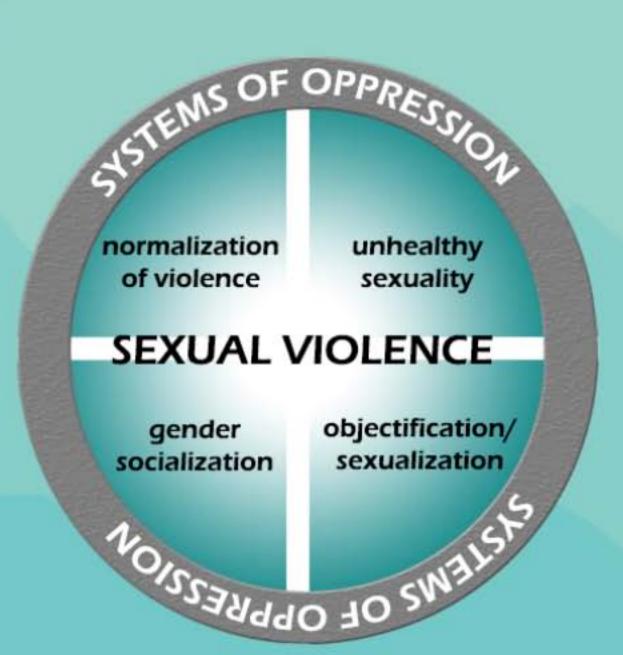
Social Norms Toolkit: Unhealthy Sexuality









What is unhealthy sexuality?

*

Unhealthy sexuality encompasses many harmful learned behaviors and attitudes about sex, relationships, and gender.

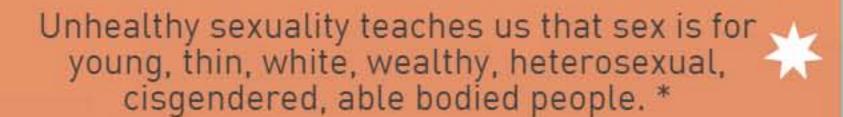


Unhealthy sexual relationships are a product of mass media that teaches objectification and body shaming, violent sexuality, and stereotypes about the sexuality of people of different races, ethnicities, genders, and sexual orientations. *

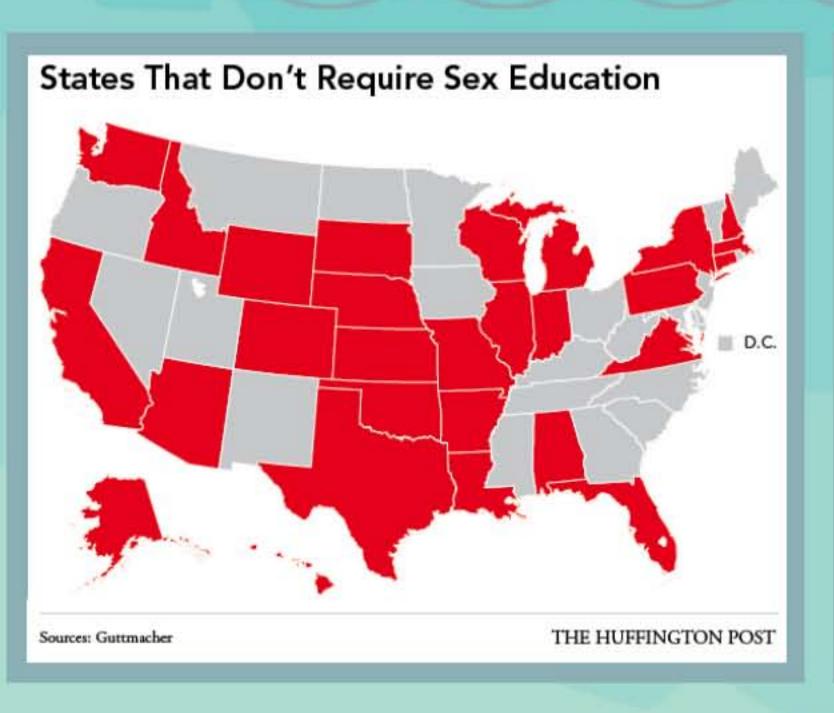


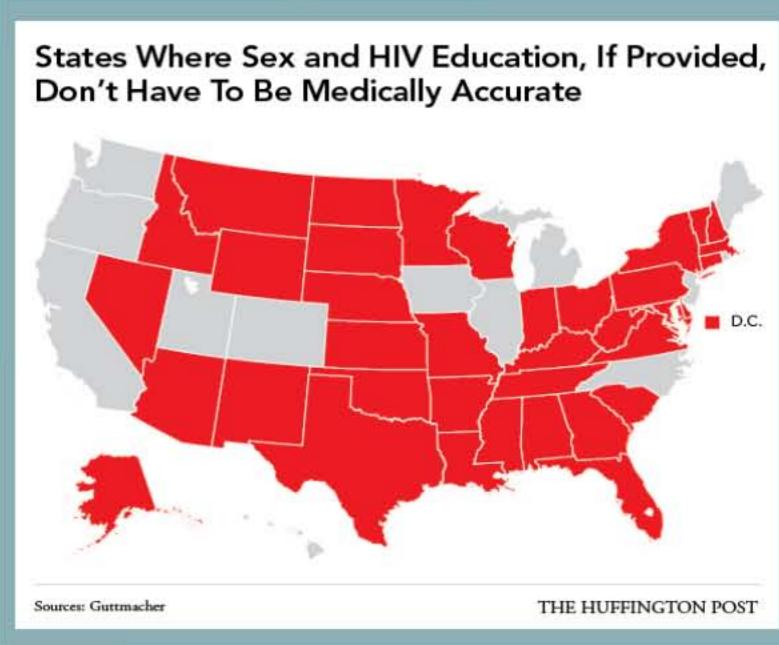
Unhealthy sexuality thrives in a cultural environment inundated with images of and stories about sex without consent, without protection, and without emotional connection. **





Given the prevalence and impact of unhealthy sexuality, everyone should have access to comprehensive sex education. However...





References

- *"Killing Us Softly 4: Advertising's Image of Women" Study Guide
- **Severality Contracention and the Media

*Face the facts: Lesbian, Gay, Bisexual, Trans and Intersex People

* Sex, Violence, and the Media

**Sexuality, Contraception, and the Media



Examples of healthy and unhealthy sexuality

VS



Healthy Sexuality



Consent

Acceptance Of All Gender Identities And Sexual Orientations

Pleasure

Negotiation and Fairness

Non-Threatening Behavior

Respect

Trust and Support

Shared Responsibility

Honesty and Accountability

Unhealthy Sexuality



Sexual Assault And Sexual Harrassment

Assuming Heterosexual and Cisgendered

Body Shaming

Objectification

Using Coercion and Threats

Using Intimidation

Using Emotional Abuse

Using Isolation

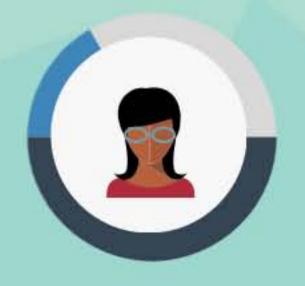
Minimizing, Denying, and Blaming

What can we do about it?

Below are links to age-appropriate activities for children, adolescents, and adults that teach the prevalence of unhealthy sexuality and the effect that unhealthy sexuality has on individuals, communities, and society.







Activites for Grades K-5

Activities for Grades 6-8

Activities for Grades 9-12 and College Level/ Young Adults

Additional Resources



Guidelines for Comprehensive Sexuality Education





Student Workshop Respect: It Starts With You!

Contact us



www.facebook.com/ wcasa

Sex Education Maps



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Image Sources
Suit Supplies' "Toy Boy" Advertisement
Valentine's Day Advertisement

