

Syntax to compute the scales of the Emotion Awareness Questionnaire (EAQ)

Scoring:

Not true = 0

Sometimes true = 1

True = 2

Recoding:

RECODE eq1 eq2 eq3 eq4 eq7 eq8 eq9 eq10 eq11 eq13 eq15 eq19 eq20 eq21 eq22
eq24 eq25 eq26 eq29 eq30 (3=1) (2=2) (1=3) into eq1r eq2r eq3r eq4r eq7r eq8r
eq9r eq10r eq11r eq13r eq15r eq19r eq20r eq21r eq22r eq24r eq25r eq26r
eq29r eq30r.

Different scales:

*Differentiating emotions:

COMPUTE ADIF = mean(eq1r,eq7r,eq13r,eq19r,eq24r,eq29r,eq30r).

*Verbal sharing of emotions

COMPUTE ATALK = mean (eq2r,eq8r,eq14).

*Not hiding emotions

COMPUTE AHIDE= mean (eq3r,eq9r,eq15r,eq20r,eq25r).

*Bodily awareness of emotions

COMPUTE ABOD = mean(eq4r,eq10r,eq16,eq21r,eq26r).

*Attending to others' emotions

COMPUTE AOTH = mean(eq5,eq11r,eq17,eq22r,eq27).

*Analyses of (own) emotions

COMPUTE AOWN = mean(eq6,eq12,eq18,eq23,eq28).